

NATURE'S SUNSHINE > Defense Maintenance® 120 Capsules From Nature's Sunshine

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Manufacturer: Nature's Sunshine

How it Works

Defense Maintenance® provides an excellent source of free radical-scavenging antioxidants. It contains vitamins A, C and E, plus the minerals selenium and zinc, all of which have been shown to quench damaging free radical activity in the body and support the immune system. Defense Maintenance® also contains protective herb and provides a concentrated source of cruciferous vegetables.

Recommended use

Take 2 capsules with a meal twice daily.

Other Ingredients

Vitamins A (beta-carotene), C and E, zinc, selenium, barley grass, asparagus stem, astragalus root, broccoli flowers, cabbage leaf, reishi mushroom, parthenium aerial parts and root, pau d'arco inner bark, schisandra fruit, eleuthero root, wheat grass and myrrh gum.
