

> *Blue Vervain Extract 4 fl. oz.*

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Manufacturer: Pure Herbs, LTD.

Below is about historical observations and historical data relating to herbs. This document is not intended to be a substitute for medical advice by license physicians. All readers should consult a physician regularly in all matters related to medical problems. This includes the diagnoses and treatment of disease and all other physical and mental conditions.

BLUE VERVAIN - When the pace of life pushes a person instead of them controlling it, Blue Vervain can often help a person obtain a calmer condition and the world appears less disturbing. In conditions of flabbiness and unambitious circulation, new vigor is afforded. The circulatory effect on the lymphatics is also greatly beneficial. Obstructions of circulation to the brain are removed and consequently the longstanding reputation of correcting epilepsy has been recorded. Obstructing kidney stones can be corrected through the efficient use of Blue Vervain. Also good for skin complaints due to nerves and as a remedy to poison oak, Blue Vervain deserves great praise. When the pace of life pushes a person instead of them controlling it, Blue Vervain can often help a person obtain a calmer condition and the world appears less disturbing. In conditions of flabbiness and unambitious circulation, new vigor is afforded. The circulatory effect on the lymphatics is also greatly beneficial. Obstructions of circulation to the brain are removed and consequently the longstanding reputation of correcting epilepsy has been recorded. Obstructing kidney stones can be corrected through the efficient use of Blue Vervain. Also good for skin complaints due to nerves and as a remedy to poison oak, Blue Vervain deserves great praise. DOSAGE: 10 to 40 drops three to four times per day taken internally on the tongue or externally applied. Spray on area as needed and take internally if poison oak. SOURCES: Dr. Eugene C. Watkins, "Get Well With Natural Remedies;" Alma R. Hutchens, "Indian Herbalogy of North America."

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