

> *Intestinal Soothe & Build (100 caps) by Nature's Sunshine*

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Manufacturer: Nature's Sunshine

Benefits:

- Supports the intestinal system.
- Helps to ease and soothe a toxic bowel.
- Provides nutrients that help cleanse the bowel.
- Restores the bowel to a cleaner, healthier state.

How It Works:

The lower bowel contains millions of microorganisms to help the body process nutrients. Improperly digested or slow-moving food may affect the balance of this intestinal flora. This product provides an environment for friendly flora to fend off outbreaks of unfriendly flora. Ingredients in the formula help relieve occasional bloating pressure and soothe the intestinal tract, relaxing the bowel and encouraging the removal of toxins.

Slippery elm bark is a soothing balm for intestinal tissue. It is mild enough for use by small children. Slippery elm is one of the best and mildest cleansers for the digestive system.

Chamomile flowers have nervine qualities, which can help the body cope with tension. Chamomile also stimulates and supports digestive function.

Plantain leaves are known for their antiseptic properties and have been used to help neutralize certain poisons. They help soothe tissue. This allows blood to circulate better.

Rose hips fruit contains vitamin C and related compounds, which help neutralize toxic waste in the body.

Bugleweed amplifies the properties of other herbs and has tonic properties. As an astringent herb, bugleweed helps tighten the capillaries—a benefit that may provide critical support to the bowel and stomach in times of stress.

Marshmallow root concentrate is also known for its soothing properties, especially for the mucous membranes. Since the stomach and intestines are lined with these protective membranes, marshmallow helps the body get rid of substances that often collect or stick to these membranes. Its pectin fiber is capable of carrying a host of toxic substances from the body.

Ingredients:

Slippery elm bark, chamomile flowers, plantain leaves, rose hips fruit, bugleweed aerial parts and marshmallow root extract.

Recommended Use:

Take 3 capsules with a meal three times daily.

Ingredients: Serving Size 3 Capsules Servings per container: 33 Amount Per 3 Capsules Proprietary blend 1200 mg* Slippery Elm Bark (*Ulmus rubra*) Chamomile Flowers (*Matricaria recutita*) Plantain Leaves (*Plantago major*) Rose Hips Fruit (*Rosa canina*) Bugleweed Aerial Parts (*Lycopus americanus*) Marshmallow Root Concentrate (*Althaea officinalis*) *Daily Value not established Other Ingredients: Kosher gelatin and water.