

## > Probiotic Eleven® (90 caps) By Nature's Sunshine

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Manufacturer: Nature's Sunshine Benefits:

- · Regulates intestinal and digestive functions.
- Provides 11 strains of beneficial microflora.
- Helps eliminate toxins.
- · Aids in the elimination of toxins.
- Supports the immune system.
- Regulates intestinal functions.

#### How It Works:

Probiotic Eleven is a unique combination of healthful probiotics to help maintain and replenish intestinal supply. These microorganisms perform essential functions in the body and are affected by aging, adverse intestinal pH, microbial interactions, environmental and dietary temperatures, stress, physiological factors, peristalsis, bile acids, host secretions and immune responses.

Probiotic Eleven provides 11 species of live microorganisms that exert many beneficial health effects. Among other things, they support digestion, promote immunity and aid in the elimination of toxins. Probiotics also help regulate intestinal functions and can greatly support colon function. This specially formulated blend contains strains of important gut-beneficial organisms and prebiotics (non-digestible foodstuffs, including fiber) that serve as food for the probiotics in the colon. Clinical studies have shown that short- and long-chain fructo-oligosaccharides (FOS) may improve growth of friendly microorganisms, enhance mineral absorption, support bowel health and function, and promote immune function.

## Ingredients:

Lactobacillus rhamnosus, Bifidobacterium bifidum, L. acidophilus, L. brevis, L. bulgaricus, L. plantarum, Streptococcus thermophilus, B. infantis, B. longum, L. casei, L. salivarius and FOS (short- and long-chain).

## Recommended Use:

Take 1–2 capsules daily with a meal. Keep refrigerated or frozen.