

> *Superb Supplemental Plus (tablets 120 ct)*

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Manufacturer: Pure Herbs, LTD.

Food these days does not always contain what it should for good health. The food itself needs a helping hand to supply what the body demands to work right. Part of the answer is to supplement your diet. That is to say, take something with your food to fill in the nutritional gaps. Many people want the convenience of a tablet to do just that. This is why Superb Supplemental Plus was formulated. This tablet ranks as one of the best — if not the best — you will find, no matter how much money you spend. The guiding idea in making Superb Supplemental Plus is to give you some reassurance that you are getting some of the much-needed nutritional vitamins, minerals, and trace elements that you are not getting, or not getting enough of, in the foods you eat. This is only a very small list of what you can expect Superb Supplemental Plus to provide for you:

- Vitamin A for healthy eyes and clean skin externally and internally.
- The entire B-Complex of vitamins for energy and calm and steady nerves.
- Vitamin C for a stronger immune system.
- Vitamin D for strong teeth and bones.
- Vitamin E for extra nutritional insurance.
- Calcium and Magnesium for fluid balance inside body cells.
- Iodine for energy production and regulation.
- Chromium for pancreatic function.
- Copper and Manganese for healthy connective tissues.
- Iron for oxygen absorption and transport.
- Selenium as an antioxidant (neutralizes harmful substances).
- Zinc for sense of taste and also to help with wound healing.

Also added are materials required for tablet making: Microcrystalline cellulose, silicon dioxide, stearic acid, and magnesium stearate.

Suggested Dosage Four tablets per day with food. One tablet per meal and one tablet before bedtime.

Suggested recommendation for children over three years of age: one tablet per day.

Supplement Facts Serving Size: 4 tablets Serving Per Container: 30 Calories: 185 Calories from fat: 18

Nutrient
Amount Per Daily Serving
Daily Value*

Vitamin A (from beta carotene)
4,000 iu
80%

Vitamin C (ascorbic acid)
125 mg
208%

Calcium (d-calcium phosphate, citrate, AAC)
100 mg
10%

Iron (Ferrous Gluconate)
7.5 mg

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74%

Vitamin D (from cholecalciferol)
150 iu
37%

Vitamin E (d-alpha tocopheryl acetate)
25 iu
83%

Vitamin B1 (from thiamine HCl)
6.25 mg
416%

Vitamin B2 (riboflavin)
5 mg
294%

Niacin (as Niacinamide)
15 mg
75%

Vitamin B6 (pyridoxine HCl)
7.6 mg
375%

Folic Acid (Folate)
100 mcg
25%

Vitamin B12 (cyanocobalamin)
25 mcg
416%

Biotin
75 mcg
25%

Pantothenic Acid (as d-Calcium Pantothenate)
37.5 mg
187%

Iodine (potassium iodide)
50 mcg

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33%

Magnesium (oxide, amino acid chelate)
101 mg
25%

Zinc (gluconate)
7.5 mg
50%

Selenium (amino acid chelate)
25 mcg
35%

Copper (gluconate)
500 mcg
25%

Manganese (amino acid chelate)
750 mcg
37%

Chromium (amino acid chelate)
25 mcg
20%

Potassium (citrate)
25 mg
1%

**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may vary.**Daily Value not established

*This product has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.