

ELIMINATION > Senna Extract 4 fl. oz.

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Manufacturer: Pure Herbs, LTD.

Below is about historical observations and historical data relating to herbs. This document is not intended to be a substitute for medical advice by license physicians. All readers should consult a physician regularly in all matters related to medical problems. This includes the diagnoses and treatment of disease and all other physical and mental conditions.

SENNA - Is an effective flush to clean out the bowels. It relies, for its main function, on the elaborate use of water, which it draws to itself for the purpose of flushing out the 25 feet of the alimentary canal, known as the small and large intestines. This ability is most likely due to a group of anthracene (vegetable detergents) compounds, that have been identified by modern investigation, which occur when the leaves are dried. Used as a frequent and highly effective home remedy by many pioneer and farming families. At the first sign of any kind of sickness, such as a cold or flu, they used their "See-nee tea". The idea was to clean out the poisons which are the source of the sickness. And it was often very effective for this purpose, as well as many other undefined reasons for feeling sick. Although Senna contains a generous supply of the mineral magnesium for calming cramping muscles, Senna was usually given with Ginger or Fennel to provide more comfort by rapidly expelling the gas associated with cleaning.* DOSE:For daily maintenance, 40 to 80 drops each evening. For cleansing put 2 to 3 tsp. full and 40 to 80 drops of Ginger or Fennel in a little fruit juice for flavoring, and drink this. Then, follow this up by drinking two large glasses of water. If needed to continue to expel gas, repeat the Ginger or Fennel drops.

NOTICE: This product contains Senna also known as Alexandria Senna. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stool, or abdominal pain because Senna may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.*This product has not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

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