

> Rue Extract 4 fl. oz.

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Manufacturer: Pure Herbs, LTD.

Below is about historical observations and historical data relating to herbs. This document is not intended to be a substitute for medical advice by license physicians. All readers should consult a physician regularly in all matters related to medical problems. This includes the diagnoses and treatment of disease and all other physical and mental conditions.

RUE - So valuable was it considered in the Old Testament times, along with Mint, a person could pay their tithe (monetary offering) in Rue or Mint. Rue is for strong eyesight. It strengthens the eye muscles. Also esteemed to give one "insight". Kills parasites when strewn on the floor or when taken internally. Can be rubbed on stings and bites to allay their torment. Wonderful functional aid to the ovaries and uterus to insure regular periods (do not use if pregnant). Calms anxieties and irrational states brought on by daily strife and worry. Used to cure sprains, aching tendons and pain in feet and ankles. Rue works on the cartilage between the bones to remove and prevent deposits. Think Rue for tennis elbows, damaged joints and Carpal Tunnel Syndrome. For example, if Carpal Tunnel Syndrome problems (pinched nerve problem at the wrist with resulting soreness, weakness, tenderness and reduced thumb movement), rub Rue on the shoulder, wrist, back of hand and thumb along with Herbal Adj. (Adjustment) and Oil of Cajeput and Arnica. Also take internally, A.C.S. (All Cells "Salts" minerals), 40 drops, 3 times per day for minerals, to prevent cramping. Use Rue to relieve dizziness and glandular enlargements. Relaxes tense shoulder and neck muscles. Corrects whooping cough and croup (alarming raspy breathing). Apply externally to the troubled area, in quantities needed to cover the area liberally, three or more times per day.* DOSE: Internal use - 5 to 20 drops in water or fruit juice before meals. Children: 1 to 5 drops in water or fruit juice (if whooping cough, every hour while awake). To strengthen eyes: 10 to 40 drops daily. For falling sickness and all other purposes, 40 drops before meals, diluted in water or fruit juice.* CAUTION: Rue may bring on the menstrual flow, and as such it is not advisable to use if pregnant or if pregnancy is desired.* This product has not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: Not intended for use by pregnant or nursing women. If you have a medical condition or are taking medication, consult your doctor prior to use. Discontinue use and consult with your doctor if any adverse reactions occur.

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