

> *Dong Quai Extract 4 fl. oz.*

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Manufacturer: Pure Herbs, LTD.

Below is about historical observations and historical data relating to herbs. This document is not intended to be a substitute for medical advice by license physicians. All readers should consult a physician regularly in all matters related to medical problems. This includes the diagnoses and treatment of disease and all other physical and mental conditions.

DONG QUAI - From China. The root of this, Chinese Angelica, herb is a time proven and tested remedy for feminine distress. Dong Quai contains a very remarkable type of phyto-estrogen (vegetable source estrogen). It can act as estrogen for the woman if needed. If, on the other hand, estrogen levels are too high in the body, this phyto-estrogen competes with the body's estrogen for activity sites and lowers the body's estrogen levels to normal. This explains the apparent contradiction of why herbalists have successfully recommended Dong Quai for maladies we now know were caused by a condition of too high or too low levels of estrogen. For example when P.M.S. (Pre-Menstrual-Syndrome) occurs and there is too much estrogen, Dong Quai is recommended. When menopause occurs there is too little estrogen, once again, Dong Quai is recommended. In both cases, Dong Quai can handle the job. This causes people who work with synthetic estrogen in the orthodox medical field much consternation and head shaking. They are used to drugs that act in a limited manner with possible undesirable side effects and not the safe balanced multi-task capability with which many herbs are endowed. Dong Quai strengthens and oxygenates all of the female organs. Circulation is restored and "dryness" is solved. Traumatic injuries such as during child birth and operations are corrected. Pelvic congestion is corrected and expelled. The antibiotic nature of Dong Quai to eliminate infection and thus calm nerves, as well as its hormonal balancing ability can be especially helpful in cases of a condition labeled "endometriosis" where there is infection and or uterus lining cells (endometrium) get scattered and grow in many unusual parts of the body where they have no business being, even in the lungs and nasal passages. These, then are also active hormonal sites which can throw the body into an uproar. Dong Quai can help to correct this hormonal imbalance, as well as, the infection.* DOSE:For menstrual disturbances, starting 10 days before and during the period, 40 drops three times per day after meals. For correcting more serious problems, increase from 1 tsp. to 1 Tbl. 1 time per day and, if found really necessary, 3 times per day until problem(s) disappear. For maintenance, 40 drops per day. DOSE:In cases called "endometriosis", 40 to 80 drops three times per day internally, and externally apply 80 drops three times per day on the lower abdomen. Also, institute a bowel maintenance program which produces 2, and preferably 3, easy and complete bowel movements per day. (SEE: Cascara Sagrada, Buckthorn or C.C.E.-W.)*This product has not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

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